

# CHILDREN'S INDEPENDENT MOBILITY

**A child-oriented perspective on  
walking, playing and socialising in  
Cali, Colombia.**

**Case Study: Vivo Mi Calle**

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Cali, Colombia  
Photo: Vivo Mi Calle

*“An interview with a 10-year-old living in a new urban development (...)*

*Interviewer: Okay, and what did you play...?*

*Simon 1: We played walking... just walking around”*

*(Horton et al., 2014)*

### *Independent Mobility*

*“Permission for children to move without adult supervision in their neighbourhood and city so they can explore and learn about the environment at their own rhythm, toward a progressive and wider freedom*

*of action [play, socialise] and movement [access]”*

*(Lopes et al. 2018, p.2)*

## **Research aims**

**To explore the role of independent mobility (IM) in promoting children’s wellbeing and social participation in their neighbourhoods while walking, playing and socialising.**

The discussion seeks to understand the neighbourhood qualities that shape IM and promote play and development, from children’s point of view.

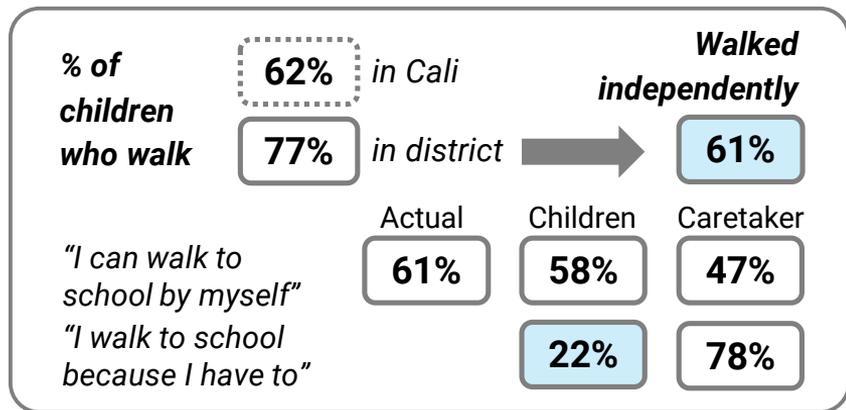
## **Methodology**

The research examines the project **‘Vivo Mi Calle’ in Cali, Colombia** through a mixed method approach.

The analysis primarily centres on a secondary **study of 285 children and guardians’ questionnaires, reinterpreted through 5 themes of discussion:**

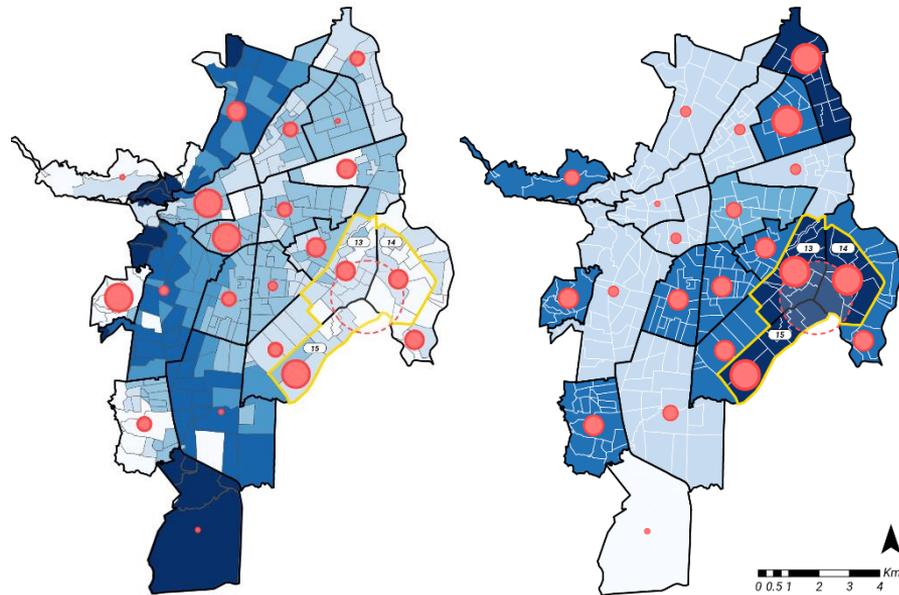
- 1. Licence to walk and play,*
- 2. Walking perceptions,*
- 3. Walking experiences,*
- 4. Neighbourhood community*
- and 5. Playability*

# Key findings and discussion

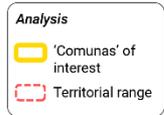
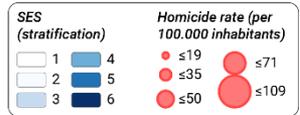


**1** Actual independent mobility, children's perceived licence and parental licence differed.  
What initiatives in the built and social environment could translate into greater freedom?

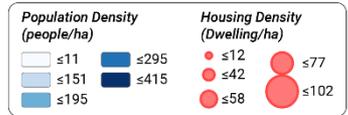
**2** While the built environment is inadequate, the social environment is the main barrier to IM & play.  
How can the built environment contribute to the perception of security?



SES range + Homicide rate



Population + Housing density



## Discussion

**70%** *Of children are not allowed to play on the street*

<i>Time outdoors on a weekday</i>	No time	Up to 1 hr
	<b>50%</b>	<b>20%</b>
<i>Time outdoors on the weekend</i>	No time	2+ hours
	<b>7%</b>	<b>76%</b>
<i>"I am offered drugs along the way"</i>	Children	Caretaker
	<b>13%</b>	<b>82%</b>

**3** *Social safety mainly affects independent travel to 'non-essential' activities & enjoying the street.*

*How can community ties contribute to freedom of play and sociability?*

**4** *When play and socialising are allowed, the built environment does little to promote interaction.*

*How can the street and public space create more affordances and sense of belonging?*

## Recommendations

**Rethink the meaning of mobility to children and youth**

**From a focus on physical activity to one on wellbeing**

**A child-oriented framework based on attachment and affordance**

**Place their voices at the heart of the research, policies and initiatives**

**Encourage independence and play**

**Promote the street as a meeting place**

**Safe walking routes to child-friendly destinations**

# Thank You!

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*Recife, Brazil  
Photo: Urban95*